

Personal Development



Build and Fortify Skills that Transcend Teams

This new product was created to harness the power of The Five Behaviors™ across the entire organization. The Five Behaviors Personal Development solution teaches individuals to become better teammates by integrating Patrick Lencioni's model at the organizational level. The goal is to completely redefine teamwork and collaboration.

Personal Development was designed specifically to work for individuals; participants do not all need to be part of the same team. Rather, participants can carry the takeaways of this program from one team to the next, enabling a culture of teamwork. Learners at all levels of an organization can benefit from this program and adopt its powerful principles, shape behaviors, and create a common language that empowers people to rewrite what it means to work together.

The Need for the Solution

Today's organizations are working beyond a single team. Advances in technology are disrupting the market, globalization is forcing a new approach of working, and the teams of the future have never seen this level of diversity. In essence, organizations need to equip their employees to quickly create cohesive teams that enable results. The idea was to create a model that harnesses the power of Patrick Lencioni's *The Five Dysfunctions of a Team* and adjust it to benefit the individual, who can then disperse the key takeaways throughout their organization.

What It Does

This is a tool to help individuals better understand, internalize, and apply the principles of The Five Behaviors model and to foster communication that can be used throughout an organization.

It's designed to be delivered in a classroom setting of up to 30 participants, regardless of how well they know one another.

The Five Behaviors™ Model

Below is a brief summary of the five behaviors.

- Trust One Another
 When team members are genuinely transparent and honest with one another, it forms a
 - safe environment that creates and builds vulnerability-based trust.
- Engage in Conflict Around Ideas
 With trust, team members are able to engage in
 unfiltered, constructive debate of ideas.
- · Commit to Decisions
 - When team members are able to offer opinions and debate ideas, they feel heard and respected, and will be more likely to commit to decisions.
- Hold One Another Accountable
 Once everyone is committed to a clear plan
 of action, they will be more willing to hold one
 another accountable.
- Focus on Achieving Collective Results
 The ultimate goal is the achievement of results, unlocked through implementing the model's principles of Trust, Conflict, Commitment, and Accountability.



- Feels safe to ask for help and express their opinions
- Avoids wasting time and energy on politics, confusion, and destructive conflict
- · Is committed to the end goal
- · Holds one another accountable
- Has more fun—and delivers results!



The Program Includes:

- A computer-adaptive, psychological assessment
- Personal Development Profile and one-on-one Comparison Reports
- Half-day facilitation that includes activities, video, and a handout, plus two optional activities